

Overview

Our Summer Internship Programme offers a hands-on introduction to energy markets and commercial trading. You will develop new skills, work on real business challenges, and gain insight into how a leading energy trading organisation operates in a fast-paced, commercial environment.

Duration: 10 weeks

Start date: Early July

Location: London (Victoria)

Eligibility: Currently in penultimate year of studies, right to work in the UK

Paid internship

**Conversion opportunity to
Commercial Graduate Programme**

Summer *Internship* Programme



What you can *expect*

Based at our Global Headquarters in London, our structured and fully paid summer internship programme provides meaningful exposure to our business and people.

Our London Summer Interns join a small cohort, allowing for meaningful collaboration, close support and a personalised experience. The programme offers a global dimension, with opportunities to work with the Paris intern cohort in person, and engage virtually with our interns in North America.

The programme includes

- Hands-on participation in a real business project, with ownership and responsibility for delivering outcomes
- Industry-specific, technical, and professional skills training
- Regular interaction with our commercial teams and senior leaders
- Ongoing coaching and support from your manager and mentor
- Opportunities to build a strong internal network across the business
- Social activities throughout the programme
- An end-of-placement presentation to our Head of Departments and key stakeholders

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I was a summer intern on the European Power Trading desk and had an incredible experience. The work was genuinely challenging – from building machine learning models for power price forecasting to developing trader-facing dashboards – but what really stood out was the people.

Everyone was supportive of my development, and everyone across the business was always happy to chat. I’m naturally a bit socially awkward, but I still met so many people across the company, which says a lot about how welcoming the culture is.

Highlights included the energy trading courses with the other interns and experiencing the trading floor firsthand. I expected to spend most of my time staring at screens in an isolated booth, instead I found a highly collaborative environment where people were constantly talking, sharing ideas and solving problems together.

I investigated why a forecasting model was underperforming during winter and suggested improvements to dashboard data structures. Even as a 20-year-old intern, my work was taken seriously – and the software I built is still being used today.

Ahmad Randhawa



Photo: EDF, Nogent Nuclear Power Plant, Aube Department, France



Trading energy, shaping tomorrow.



Our *teams*

We typically have opportunities across the following teams:

Power Trading

Our power trading team are one of the leading energy traders in the European power market. We have capacity on all the major interconnectors and across every significant national and international network. The team employ advanced technologies and data analysis to monitor trends, flows and price differentials to identify and capture market opportunities and better manage physical and financial risks.

Gas Trading

Our gas trading team is one of the largest wholesale natural gas market traders in Europe. We operate on all the major gas hubs across Europe and neighbouring regions. Our services range from procurement, supply and logistics to contract management, portfolio analysis, pricing, hedging and reporting. The role will involve learning about storage and transport optimisation, option theory, FX trading and exposure to oil and US gas trading.

Systematic Trading

Our systematic trading team develops and runs quantitative strategies across energy and related asset classes, combining fundamental insights with technical and statistical signals. We focus on disciplined, repeatable decision-making using data-driven models to capture structural risk premia, market inefficiencies, and short-term trading opportunities. The role involves exposure to market microstructure, cross-asset relationships, portfolio construction, risk management, and performance attribution, working closely with traders, analysts, and technologists to continuously research, monitor, and refine strategies in dynamic markets.

Origination

Our origination teams are responsible for business development and structuring transactions. The role will involve supporting the origination team in developing new business opportunities, and following regulatory developments in the energy and environmental space that could have a commercial impact on EDF Trading's activities.

Analytics

Our energy market analytics teams look at the fundamental dynamics of our markets developing models, conceptual frameworks and tools to create a market view for our trading desks. The teams cover areas including meteorology, gas and power analytics, and quantitative modelling.

Market Risk

Controlling risk is embedded into our operational practices to allow analysis of the risk in every transaction. Our credit risk team reviews and monitors counterparty risk and our corporate and industry risk exposure at a global portfolio level. You will be involved in validating pricing models and developing quantitative risk methods in our market risk model validation team or quantifying and modelling the credit risk across a diverse portfolio of energy counterparts in our quantitative credit risk team.



What we are looking for

We are seeking curious, enthusiastic and commercially minded students with an entrepreneurial mindset who are keen to explore a career in energy markets. Ideal candidates will demonstrate:

- ✓ A **genuine interest** in the energy industry
- ✓ Strong **critical thinking** and problem-solving abilities
- ✓ Well-developed quantitative and qualitative **analytical skills**
- ✓ Excellent interpersonal and communication skills, with the ability to **collaborate effectively**
- ✓ **Experience** with programming languages such as Python

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I was a 2025 summer intern at EDF Trading, and it was a genuinely wonderful experience. I was placed in Origination team, which was an area I knew very little about before joining. The team were incredibly welcoming and quick to get me involved. I was brought into meetings early, given good materials to learn from, and encouraged to ask questions.

My biggest challenge was getting comfortable with the technical side of pricing and portfolio management, but with time, support, and a lot of step-by-step learning, it started to click. By the end of the programme, I'd automated a process that used to take days and reduce it to under half an hour. This was a real highlight for me.

Orhan Sozen

Future opportunities

Successful completion of the Summer Internship Programme may lead to an offer to join our two-year Commercial Graduate Programme.



Trading energy, shaping tomorrow.

Application process

01 Online Application

Applications for our Summer Internship open in July of the previous year. Please apply exclusively via the 'Apply' button on the EDF Trading Careers page. The application takes approximately five minutes to complete.

Applications remain open until early September.

02 Selection Process

If your application is successful, the selection process typically includes:

- An initial screening call with our Talent Acquisition team
- An Assessment Centre (mid-November), held in small cohorts to ensure a personalised experience, including a trading simulation, a presentation to a panel of department heads, lunch with colleagues from across the business, and the opportunity to meet our current graduates
- A panel interview with representatives from across the business

Candidates who successfully complete each stage will be invited to progress to the next.

03 Offer

We aim to make offers to successful candidates within one week of the final interview.

Learning and Development

We design our ten week summer internship to ensure interns can make the most of their time with us from day one. To support this, we provide a structured learning and development plan that builds confidence quickly, deepens understanding of our business, and enables interns to make a meaningful contribution during the programme.

Industry and Market knowledge: training sessions to provide insight into the energy markets that are the focus of EDF Trading's activities

Technical skills: systems and tools commonly used across the business, training in data analysis

Professional skills: communication, time management and presentation skills.



Photo: EDF, Les Barthes wind farm, Haute-Loire, France

